

List of Resources for Mushroom Hunting in the PNW by Daniel Winkler

Mushroom identification is too often a tricky business, especially if you are new to foraging. Though we have a dozen of choice edibles that are safely identified, but how do you get to the point where you know enough to trust your knowledge? A key point is to work local, find people where you live that can help you, have resources for the best local edibles and the local mushrooms in general. There is so much fungal diversity here one should not have to go through images of East Coast mushrooms. So, get good field guides for the PNW, join your local mushroom club/mycological society and find support online.

And always remember: WHEN IN DOUBT - THROW IT OUT!

Mushroaming - Daniel Winkler's webpages

http://www.mushroaming.com/Pacific_Northwest
Daniel's description of some of the best and most common edibles with lots of pictures

Check for Daniel's <u>upcoming presentations</u>, be it another online class, for a mycological society or other outfits. Some mycological societies let the public watch presentations since covid hit.

Daniel's <u>Mushroaming</u> Goods like edible & medicinal field guides, Western Bolete Flash cards, Mushroom knife and emergency whistles.

Also, Daniel takes people on private mushroom hunts, please send an email to me@danielwinkler.com

PNW Mycological Societies / Mushroom Clubs

Awesome resource! Best place to find expert support in person! Join your closest society, usually for 15 to 30\$ per year per person or household! Included are usually a few to up to a dozen or more club forays with expert identifiers. Also, many clubs have their own email list where members exchange recent info and look for hunting partners and ride shares. Great way to meet fellow mushroom lovers. Membership dues are worth every penny, especially when covid has blown by and real events resume! No club where you live? Start your own informal club, maybe first online, to connect to people! So much better to learn from people than books and internet!

Clubs from North to South and West to East

Vancouver BC's Vancouver Mycological Society
Victoria BC - South Vancouver Island Mycol. Soc. SVIMS
Bellingham WA Northwest Mushroomers Association
Port Angeles WA Olympic Peninsula Myco. Society
Everett WA Snohomish County Mycological Society
Seattle WA Puget Sound Mycological Society
Bremerton WA Kitsap Peninsula Mycological Society
Olympia WA South Sound Mushroom Club
Yakima WA Yakima Valley Mushroom Society
Chehalis & Centralia WA SW WA Mycological Society
Portland OR Oregon Mycological Society
Corvallis OR North American Truffling Society

Salem OR Willamette Valley Mushroom Society
Eugene OR Cascade Mycological Society
Arcata CA <u>Humboldt Bay Mycological Society</u>
Coeur d'Alene N-Idaho Myco. Soc. tina@gospod.net
Boise ID S- Idaho Myco. Association still active?
Missoula MN Western Montana Myco. Association
Denver's Colorado Mycological Society
North American Mycological Society https://namyco.org/
Or Find a local club with online link here:
https://www.mushroaming.com/Fungal_links

<u>Mushroom Field Guides</u> listed by year of publication and with brief comment – I love them all!

Fruits of the Forest – Field Guide to PNW Edible Mushrooms 2023 - Daniel Winkler, with intro to mycology and mushroom ID and collection, nearly 200 species of all kinds of edible mushrooms + dozen toxic fungi, great images, look-alikes, common & scientific names (meaning translated), processing and cooking suggestions, 400 pages. order here

Mushrooms of British Columbia 2021 - Andy MacKinnon & Kem Luther. 360 species with big, good images & descriptions, edibility and common names mentioned for each species.

- Boletes of Western North America 2021 Daniel Winkler & Gary Gilbert, Myco-Flash-Cards with 55 Western boletes, great tool to learn your PNW boletes, front 2 photos, back ID description, incl. edibility, habitat & distribution area available here: Western Boletes Card Deck
- Mushrooms of Cascadia 2021 Michael Beug being an "Illustrated Key" it allows keying out more PNW mushrooms than any other book! Very small photos; it helps to have mycological background knowledge.
- Mushrooms of the Northwest: A Simple Guide to Common Mushrooms Drew Parker 2019, very small, sorted by type, color & shape, good stuff, esp. for interior PNW!
- Mushrooms of the Redwood Coast Noah Siegel & Christian Schwarz 2016, great descriptions and pictures, however lacking funga of Cascades, Rockies & dry west
- Edible Mushrooms of the Pacific Northwest 2011- Daniel Winkler, 60 best edibles and 6 dangerously toxic mushrooms, portable fold-out for your backpack & car door, mushroom descriptions include info on how easy or difficult ID is, available on mushroaming.com
- Mushrooms of the Pacific Northwest 2009 Steve Trudell & Joe Ammirati, back then most helpful general field guide for the PNW, but thin on edibility, common names with smallish photos, new edition coming out soon.
- All That the Rain Promises and More 1990 David Arora, great pocket guide! concise, not specific for the PNW, dated

Mushrooms Demystified 1986 - David Arora- profound, expert dichotomous keys, but unfortunately dated <u>In depth selected PNW mushrooms:</u> McAdoo, Buck 2020. Profiles of Northwest Fungi, GL Design, Boulder CO, 576 p.

Medicinal Mushrooms:

- Medicinal Mushrooms: The Essential Guide, Chris Hobbs 2021. Great How to use all the major medicinals mushrooms with lots of nice images.
- A Field Guide to Medicinal Mushrooms of North America. 2018 Daniel Winkler & Robert Rogers portable, laminated fold-out with 33 groups of the most important medicinals incl. succinct instructions how to make extracts. Available here: mushroaming.com
- The Fungal Pharmacy: The Complete Guide to Medicinal Mushrooms of North America, Robert Rogers 2011 Allencompassing compilation of "all" medicinal fungi
- Medicinal Mushrooms: The Human Clinical Trials, Rogers, Robert 2020. Compilation of the latest research of 23 medicinal mushroom groups that all underwent clinical trials, very helpful!

Free Fungal online / down-loadable Software

MycoMatch aka Matchmaker - awesome ID tool with 1000s of images, also as app available now, but I have not tested it. But you can search i.e. for all mushrooms that smell of garlic, or white spored fungi growing on conifers in clusters etc. Download from https://www.mycomatch.com/

MycoMatch gilled mushroom App: https://play.google.com/store/apps/details?id=com.mycomatch&gl=us
Danny Miller's PNW Pictorial Key very helpful key based on images with brief descriptions, taxonomically always up to the latest!

Free <u>download</u>: Fungi of Temperate Europe -Graphic delight, depicting all genera in beautiful wheels. Very helpful to learn your genera, but limited on species level since made for Northern Europe,

iNat & Mushroom Observer – the 2 leading citizen science fungi online communities. Very helpful! you can upload photos of your mushrooms with location, date and note and other people might help you ID your mushrooms. You also can search for certain mushrooms and see where and when they are found, very helpful! Also, there are descriptions and look-alikes included.

Fakebook etc

Lot's of mushroom groups on Fakebook (etc. Can be very helpful for seeing what is currently fruiting and getting ID help, but be careful, lots of people will volunteer their IDs and some are totally wrong. Never go with one identification and do check the people out who think they know what you have found! A virtual misID can cause real a poisoning!

Pacific Northwest Mushroom Identification Forum Pacific Northwest Mushroom Social Club

Vancouver Island Mushroom Identification & Info Group PNW Mushroom Foraging and Identification